

Girls Volleyball League (Ages 13-15)

Official Rules

1. Unless otherwise stated below, this league will follow MSHSAA rules.
2. A team must have six (6) players to start the match and there must be six (6) players on the court at all times, the only exception being if during the course of the match a player becomes injured and that team has no more available subs.
3. There will be free substitution. There will be no restrictions on the frequency of substituting. The only requirement shall be that All substitutes must enter into position six (6).
4. All substitutes must enter through the substitution zone.
5. In the desire for fair play, no player may participate for more than one team in the same division. Playing for a second team will result in a forfeit for that team's match.
6. You are allowed two (2) timeouts/set, Six (6)/match.
7. Matches will be best 2 of 3 with a deciding set (if necessary) played to 15 points and must win by two (2).
8. Players must serve behind the end line. Contact with the end line at the instant the ball is contacted for serve will result in a foot fault and loss of point.
9. There will be no limit on consecutive serves.
10. "Let Serves" are legal.
11. Knee pads are not mandatory, but strongly suggested.
12. Multiple contact (not double hits) is allowed on any first ball over the net regardless if it is a serve or not.
13. Players may play the ball to the wall, glass, bleachers and half court line. Any ball touching any of these boundaries is considered out of bounds.
14. The home team will be decided by coin flip with the winner of the coin flip having their choice of home or visitors.
15. No jewelry may be worn during match play with the exception of medical alert bracelets and necklaces. If medical alert bracelets or necklaces must be worn, they must be taped down.
16. Each team shall be responsible for supplying two (2) volunteers: one (1) scorekeeper and one (1) line judge. The home team will supply the official scorekeeper and the visitors the flip cards. If at all possible, adult scorekeepers and line judges are preferred.
17. Warm-up time is not guaranteed. Games will start at their scheduled times.

SPORTSMANSHIP

The City of O'Fallon considers the teaching of good sportsmanship as the most important goal of the program. The proper conduct of the coaches, players, parents and spectators is essential to realizing this goal. The Recreation Specialists and Referees monitor the conduct of persons involved in the program.

Listed below are the conduct guidelines:

PLAYERS

Demonstrate a positive attitude and good sportsmanship towards teammates and opponents.

Players will refrain from the use of abusive or profane language at all times.

Players will refrain from fighting with or without provocation. Fighting will not be tolerated and a suspension will be invoked.

COACHES

The prime consideration of the coach should be the development of physical, mental and moral character of the players.

The coach should set a good example, on and off the court.

The coach should have absolute control of his/her team at all times and must exercise good judgement and tact in dealing with players, parents and officials.

There shall be no unnecessary display by a coach as a result of an official's call. Official's judgement call are not grounds for complaint.

Abusive or profane language as well as fighting will not be tolerated before, during or after a match.

Coaches are expected to present a demeanor of control and proper sportsmanship during all contests.

Failure to do so may result in dismissal from the league without refund.

Any member of the team, fan or spectator who demonstrates poor sportsmanship may be asked to leave the contest facility. This will be reported to the Director and may result in disciplinary action being taken.

Types of disciplinary action may include probation, dismissal, forfeitures, and/or elimination of awards.