

# Girls Volleyball League

## Official Rules

### Ages 13-15

1. Unless otherwise stated below, this league will follow MSHSAA rules.
2. A team must be six (6) players to start the match and there must be six (6) players on the court at all times, only exception is being if during the course of a match a player becomes injured and that team has no more available subs. **\*See note below.**
3. There will be free substitution. There will be no restrictions on the frequency of the substituting. The only requirement shall be that all substitutes must enter into position five (5).
4. All substitutes must enter through the substitution zone.
5. In the desire for fair play, no player may participate for more than one team in the same division. Playing for a second team will result in a forfeit for that team's match.
6. You are allowed two (2) timeouts/set, six (6)/match.
7. Matches will be best 2 of 3 with a deciding set (if necessary) played to 15 points and must win by two (2).
8. Player must serve behind the end line. Contact with the end line at the instant the ball is contacted for serve will result in a foot fault and loss of point.
9. There will be no limit on consecutive serves.
10. "Let Serves" are legal.
11. Knee pads are not mandatory, they are strongly suggested.
12. Multiple contact (not double hits) is allowed on any first ball over the net regardless if it is a serve or not.
13. Players may play the ball to the wall, glass, bleachers and half court line. Any ball touching any of these boundaries is considered out of bounds.
14. The home team will be decided by coin flip with the winner of the coin flip having their choice of home or visitors.
15. No jewelry can be worn during games with the exception of medical alert bracelets and necklaces. If medical alert bracelets or necklaces must be worn, then they must be taped down.
16. Each team will be asked to supply two (2) volunteers: one (1) scorekeeper and one (1) line judge. The home team will supply the official scorekeeper and visitors the flip cards. If at all possible, an adult line judge will be preferred.

**\*Note: For the summer 2012 session, this rule will be waived. Teams will be allowed to start with 5 players with no penalty. This waiver will be for this session only.**

## **Sportsmanship**

- **The City of O'Fallon considers the teaching of good sportsmanship as the most important goal of the program. The proper conduct of the coaches, players, parents and spectators is essential to realizing this goal. The Recreation Specialists and referees monitor the conduct of the persons involved in the program. Listed are the conduct guidelines:**

### **PLAYERS**

- **Demonstrate a positive attitude and good sportsmanship toward teammates and opponents.**
- **Players will refrain from the use of abusive or profane language at all times.**
- **Players should refrain from fighting with or without provocation. Fighting will not be tolerated and a suspension will be invoked.**

### **COACHES**

- **The prime consideration of the coach should be the development of physical, mental and moral character of the players.**
- **The coach should set a good example, on and off the court.**
- **The coach should have absolute control of his/her team at all times and must exercise good judgment and tact in dealing with players, parent's and official's.**
- **There will be no unnecessary display by a coach as a result of an official's call. Official judgment calls are not grounds for complaint.**
- **Abusive or profane language and fighting will not be tolerated before, during or after games.**
- **Coaches are expected to present a demeanor of control and proper sportsmanship during all contests. Failure to do so may result in dismissal from the league without a refund.**
- **Any member of the team, or fan, who demonstrates poor sportsmanship, may be asked to leave the contest facility. This will be reported to the director and disciplinary action may be taken. Continual problems with a player, coach or fan may also result in disciplinary action.**
- **Types of disciplinary action may be probation, dismissal, forfeiture of the contest and/or elimination of all awards.**