



CITY OF O'FALLON PARKS & RECREATION Lil Rascals T-ball Rules

Program Format

- The first day of the program children will primarily participate in drills & activities that emphasize the basics of the game (throwing & catching, hitting off a tee, running bases, fielding,). If time allows an inning should be played. During the remaining weeks, approximately the first fifteen minutes of the scheduled hour will be practice; during the remaining time a game will be played.
- Each child will have the opportunity to play the infield and outfield positions so that they will become familiar with all the positions on the field. Our goal is to have each child play a different position each inning.

Parent Participation

- Parents will be asked to assist the coach with drills, batting order, positioning, etc.
- PARENTS OF THE DEFENSIVE TEAM (team on the field) may be in the field and may station themselves in the area to support the children verbally and give them directions. It is asked that parents, if possible, not touch the ball when it is in play.
- PARENTS OF THE OFFENSIVE TEAM (team at bat) may be used as first, second, and third base coaches. **It is mandatory that at least one parent assist with the batting tee and the batter.** One parent may be stationed at each of the above positions.

Game Rules

The most important thing is that the kids are learning about baseball and having fun. If there is a rule listed that is limiting you from teaching the kids or maximizing their enjoyment you are permitted to 'tweak' the rule.

- Players will use a soft baseball.
- Batters will hit the ball from a batting tee.
- Players are not permitted to steal or lead-off bases.
- There is no "infield fly" rule.
- Base runners may not advance on overthrows (any time the ball leaves the infield playing area) even if the ball remains in fair territory in the outfield.
- Regulation games are three innings or one hour, whichever comes first. Weekly games are played between teams, but in this program the goal is to teach the children the basic fundamentals of the game. Scores will be kept but only to track runs for each inning. Winning or losing is not the important thing in this instructional program.
- Each team will play all of its players at the designated positions. Additional players will be in the outfield behind the baseline. For fielding purposes the "pitcher" will stand where a pitcher does normally.
- All infielders, excluding the pitcher, must play a minimum of 35 feet away from the home plate before a ball is hit.
- Pitcher's mound will be 25 feet or 8 paces from home plate. Bases will be located 35 feet or 12 paces from the home plate.
- The tee must be set so it will stand straight up in a vertical position not slanting in any direction.

- A player who throws his/her bat will be called out automatically and if the ball was hit into fair territory, no base runners may advance.
- A player, after hitting the ball should only advance as far as first base, and should advance only one base after each hit. The last batter gets to hit the 'home run' and clear the bases.
- Please do not allow children to play behind the batter or act as the catcher. This is for for the safety of the children & also will help speed up the game.
- The coaches have the privilege to alter any rule in order to better meet the objectives of the program.
- At the completion of each game, players and coaches should line up and pass by each other to shake hands.
- Please remember the goal of the program is for all of the children to learn and have fun!