

Girls Volleyball League

Official Rules

Ages 9-12

- 1. Unless otherwise stated below, this league will follow MSHSAA rules.**
- 2. There must be six players on the court at all times, only exception is if during the course of a game a player becomes injured and that team has no more subs.**
- 3. Each team is responsible for equal playing time among each of their players. We ask that a uniform rotation is used so that you have your players rotate in before serving. You may change your points of entering or leaving the game prior to the start of the first game. For example, some teams rotate in at the net instead of at the serve.**
- 4. You may substitute into any position on the court but you must use the substitution zone.**
- 5. In the desire for fair play, no player may participate for more than one team in the same division. Playing for a second team will result in a forfeit for that team's match.**
- 6. You are allowed 2 timeouts/game (6/match).**
- 7. You will play 3 games regardless of the outcome of the match.**
- 8. Servers while encouraged to stand behind the boundary line, are permitted to take approximately three steps, or as many as deemed necessary by the official, into the court in order to serve. If a player is continually making their serves over the net and inside the court we ask you to encourage them to step back, the referee might encourage it as well.**
- 9. There will be a maximum of five (5) consecutive points producing serves for any one server. This will result in a side out for the opposing team with no points awarded. Normal rotation will occur.**
- 10. There will be let serves.**
- 11. While knee pads are not mandatory, they are strongly suggested.**
- 12. Each team is encouraged to use all three of their hits. Any more than three results in a side out.**
- 13. When receiving the serve you may bump, set or pass but you are not allowed to double hit.**
- 14. Lifts (prolonged contact) are not allowed. This rule will be loosely applied as skill level is not up to strict standards.**
- 15. Multiple contact (not double hits) is allowed on any first ball over the net regardless if it is a serve or not.**
- 16. The red line is the out of bounds line; the middle line is also red. If during the play your foot steps completely over the middle line, you are under the net and it results in a side out. To determine if a ball is out of play, if it touches the red boundary line it is a playable ball. If it lands outside the boundary line it is considered an out (dead) ball.**

17. **Players may play the ball to the walls, glass, bleachers, and half court line. Anything touching or bouncing of any of these boundaries is considered to be out of bounds.**
18. **The home team (team listed first on the schedule) will be provided a scorecard and will be the official score.**
19. **No jewelry can be worn during games with the exception of medical alert bracelets and necklaces. If medical alert bracelets or necklaces must be worn, then they must be taped down.**
20. **In order to allow the coaches to concentrate on coaching their players, each team will be asked to supply two volunteers: one scorekeeper and one line judge. Home team will supply the official scorekeeper and visitors the flip cards. If at all possible, an adult line judge will be preferred. This will allow the players to experience the look and feel of the kind of match that they will be participating in from this point on. We thank you for your cooperation.**

Sportsmanship

- **The City of O'Fallon considers the teaching of good sportsmanship as the most important goal of the program. The proper conduct of the coaches, players, parents and spectators is essential to realizing this goal. The Recreation Specialists and referees monitor the conduct of the persons involved in the program. Listed are the conduct guidelines:**

PLAYERS

- **Demonstrate a positive attitude and good sportsmanship toward teammates and opponents.**
- **Players will refrain from the use of abusive or profane language at all times.**
- **Players should refrain from fighting with or without provocation. Fighting will not be tolerated and a suspension will be invoked.**

COACHES

- **The prime consideration of the coach should be the development of physical, mental and moral character of the players.**
- **The coach should set a good example, on and off the court.**
- **The coach should have absolute control of his/her team at all times and must exercise good judgment and tact in dealing with players, parent's and official's.**
- **There will be no unnecessary display by a coach as a result of an official's call. Official judgment calls are not grounds for complaint.**
- **Abusive or profane language and fighting will not be tolerated before, during or after games.**
- **Coaches are expected to present a demeanor of control and proper sportsmanship during all contests. Failure to do so may result in dismissal from the league without a refund.**

- **Any member of the team, or fan, who demonstrates poor sportsmanship, may be asked to leave the contest facility. This will be reported to the director and disciplinary action may be taken. Continual problems with a player, coach or fan may also result in disciplinary action.**
- **Types of disciplinary action may be probation, dismissal, forfeiture of the contest and/or elimination of all awards.**