



Athletics

Tennis at Westhoff Park

Free Tennis Clinic • Ages 4+

Come to a FREE tennis workshop focusing on forehand, backhand, serve and volley. Advance registration is required.

30927	SU	12:00-1:00P	Ages 4-6	Jun 3	FREE
30928	SU	1:00-2:00P	Ages 7-10	Jun 3	FREE
30929	SU	2:00-3:00P	Ages 11-14	Jun 3	FREE
30930	SU	2:00-3:00P	Age 15+	Jun 3	FREE

QuickStart Tennis • Ages 4+

Quickstart is a fast, fun, game-oriented program that keeps kids playing and progressing. The program includes five weeks of tennis instruction followed by a QuickStart tournament on the sixth week to showcase new tennis skills. We'll provide equipment such as racquets, nets and balls designed for children.

30924	SU	12:00-1:00P	Ages 4-6	Jun 10	\$75/\$84
30925	SU	1:00-2:00P	Ages 7-10	Jun 10	\$75/\$84

Middle School and Adult Tennis • Ages 11+

This six-week program prepares players for league play and also emphasizes the fun and social aspects of tennis. The program includes five weeks of tennis instruction followed by a Rally Tennis Tournament in the sixth week. Tennis balls are provided, but each participant must bring a racquet.

30929	SU	2:00-3:00P	Ages 11-14	Jun 10	\$75/\$84
30932	SU	2:00-3:00P	Ages 15+	Jun 10	\$75/\$84

T-Ball/Baseball at Westhoff Park



Lil' Rascals T-Ball League • Ages 4-5

This fun, exciting six-week program for boys and girls meets once a week and will introduce children to that great American pastime, baseball. Parents, coaches are needed! If you're interested, please let us know when you register your child. A \$10 late fee will be charged for registration after 5 p.m. on May 3. Registration ends Thursday, May 17, or when the class is filled.

32481	SA	8:00A-1:00P	Jun 16	WP	\$40/\$45
32482	TU	5:45-8:15P	Jun 12	WP	\$40/\$45
32483	TH	5:45-8:15P	Jun 14	WP	\$40/\$45

Lil' Rascals Coach Pitch Baseball • Ages 6-7

This six-week recreational program for boys and girls is one step beyond T-Ball, and meets once a week. Parents, we need you as coaches! If you are interested, please let us know when you register your child. A \$10 late fee will be charged for registration after 5 p.m. on May 3. Registration ends Thursday, May 17, or when the class is filled.

32479	SA	8:00A-1:00P	Jun 16	WP	\$40/\$45
32480	W	5:45-8:15P	Jun 13	WP	\$40/\$45

For updates on field conditions, please visit www.renaudspiritcenter.com.



Volleyball at the RSC

Girls' Volleyball Clinic • Ages 8–13

Girls, you're invited to learn the basics of volleyball, sharpen your ball-handling skills and have fun playing scrimmages in this six-week clinic for beginners. Class lasts approximately one hour. Non-marking gym shoes are required.

Ages 8–10

30080	TU	6:00-7:00P	May 1	RSC	\$37/\$42
32407	TU	6:00-7:00P	Jun 19	RSC	\$37/\$42

Ages 11–13

30081	TU	7:00-8:00P	May 1	RSC	\$37/\$42
32409	TU	7:00-8:00P	Jun 19	RSC	\$37/\$42

Girls' Volleyball League • Ages 9–15

Here's an eight-game league designed for girls who like to play volleyball. Registration is limited to six teams. Practice time is not included. Sorry, individual registration is not available for the 13-15 year-olds league. Players must wear non-marking gym shoes. Parents, we need coaches! Registration closes two weeks prior to the start of the league or when it fills, whichever comes first.

Ages 9–12: Individual

32493	W	6:00-9:00P	May 30	RSC	\$45/\$51
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Ages 9–12: Team

30084	W	6:00-9:00P	Mar 21	RSC	\$220
32495	W	6:00-9:00P	May 30	RSC	\$220

Ages 13–15: Team

31797	TH	6:00-9:00P	Mar 22	RSC	\$220
32497	TH	6:00-9:00P	May 31	RSC	\$220

Coed Adult Volleyball League • Ages 18+

Join this eight-game, recreational volleyball league for men and women. Registration is open to both individuals and teams of 6-10 players. Each match lasts one hour, or three games. Games will be played at 6, 7, or 8 p.m. Be sure to let the front desk know if you are interested in being a team captain.

Individual

31800	F	6:00-9:00P	Mar 23	RSC	\$45/\$51
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Team

31799	F	6:00-9:00P	Mar 23	RSC	\$240
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Basketball at the RSC

Private Basketball Lessons • Ages 7+

Our instructors will teach the fundamentals, techniques and strategies that will take each student's game to the next level. Sessions are available to both boys and girls, and include footwork, ball handling, shooting, rebounding and much more. Contact Jeremy at jwolfmeyer@ofallon.mo.us or fill out a private lesson request form at the RSC front desk.

Individual

One 50-minute session	\$40/\$45
Five 50-minute sessions	\$175/\$194

Group Training (2 players)

One 50-minute session	\$30/\$34 per player
Five 50-minute sessions	\$120/\$133 per player

Soccer at O'Fallon Sports Park

Challenger Sports British Soccer Camps

This popular camp will be held at O'Fallon Sports Park on Monday, July 23, through Thursday, July 27. Challenger Sports aims to coach 110,000 players in over 2,500 British Soccer Camps throughout the US and Canada through programs for all ages and skill levels. Each participant will receive a personal player evaluation, a camp shirt, camp ball, and a giant fold-out soccer poster. Register now at www.challengersports.com and receive a free replica soccer jersey (\$39 value).

2012 CORE Soccer Training Academy Soccer Camp and Program Series • Ages 2–16, Coaches

Once again, CORE and FIRST TOUCH soccer programs are being offered at O'Fallon Sports Park this summer. This is the 17th year that Jamie Swanner and his staff of top-quality, licensed trainers have taught these well-organized soccer-training clinics, camps and specialized programs in O'Fallon. Instructors help players get the most out of the programs by teaching motor skills, technical skills and interactive skills in an engaging, energetic manner that encourages participants to enjoy and continue with their soccer development. For more information about CORE Soccer Training Academy, please visit www.coresoccertraining.com or call 314-645-6900.

For updates on field conditions, please visit www.renaudspiritcenter.com.

Start Smart Sports • Ages 2½–4

Start Smart Sports offers developmentally-appropriate, introductory sports programs for preschoolers. The programs focus on preparing kids to participate in organized sports in a fun, non-threatening environment. Parent participation is required. The program fee includes age-appropriate equipment for kids to keep. Registration closes two weeks before the start date.

Start Smart Baseball

32621	M	5:15P	Apr 9	RSC	\$65/\$73
32623	M	5:15P	Jun 4	RSC	\$65/\$73

Start Smart Soccer

32620	SA	9:00A	Jun 2	RSC	\$65/\$73
32622	SA	10:00A	Jun 2	RSC	\$65/\$73

Martial Arts • Ages 16+

Adult Martial Arts and Self-Defense • Ages 16+

This 10-week coed course will cover a variety of skills, including reality, sport and historic combat systems, military CQC, MMA, boxing, catch-as-catch-can wrestling, Native American warrior arts, and Viking combat glima empty-hand and weapons training. All skill levels are welcome. (*Minimum enrollment is eight; maximum is 20.*)

32805	M	6:15-7:00P	Jun 4	RSC	\$80/\$89
	TH	7:15-8:00P			

Adult Softball at Ozzie Smith Sports Complex • Ages 18+

Recreational Coed Softball Class C Double-Header League

Teams play double-headers on Tuesday nights in this 12-game recreational league for men and women. Registration is limited to four teams.

31703	TU	6:30-10:30P	Jun 5	OS	\$460
31705	TU	6:30-10:30P	Aug 21	OS	\$460

Recreational Softball Class D Single-Header Men's League

Teams in this recreational men's league play one game on Tuesday nights in this eight-game season. Registration is limited to six teams.

31710	TU	6:30-10:30P	Apr 17	OS	\$340
31711	TU	6:30-10:30P	Jul 17	OS	\$340

Recreational Softball Class C Double-Header League

Teams in this semi-competitive, adult softball league will play double-headers on Wednesday nights for a 12-game season. Registration is limited to 12 teams.

31725	W	6:30-10:30P	Jun 6	OS	\$460
31726	W	6:30-10:30P	Aug 22	OS	\$460

Recreational Softball Class C and D Double-Header League

Teams will play double-headers on Friday and Sunday nights in this recreational league. This is a 12-game season. Registration is limited to 8 teams. Please specify which division you prefer.

"D" Leagues

31717	F	6:30-10:30P	Jun 8	OS	\$460
31719	SU	6:00-10:00P	Jun 17	OS	\$460
31721	F	6:30-10:30P	Aug 24	OS	\$460
31723	SU	6:00-10:00P	Aug 26	OS	\$460

"C" Leagues

31716	F	6:30-10:30P	Jun 8	OS	\$460
31718	SU	6:00-10:00P	Jun 17	OS	\$460
31720	F	6:30-10:30P	Aug 24	OS	\$460
31722	SU	6:00-10:00P	Aug 26	OS	\$460

Recreational Coed Softball Class D Double-Header League

Teams in this recreational league for men and women will play double-headers on Sunday and Thursday nights. This is a 12-game season. Registration is limited to six teams.

31708	TH	6:30-10:30P	Jun 7	OS	\$460
31704	SU	6:00-10:00P	Jun 17	OS	\$460
31709	TH	6:30-10:30P	Aug 23	OS	\$460
31706	SU	6:00-10:00P	Aug 26	OS	\$460

Registration for Adult Softball Leagues is taken on a first-come-first-served basis.

T-shirts will be awarded to 1st-place teams. All games are played under USSSA guidelines.